Regional Partnership Psychiatric Hospitals Group May 21, 2003

In Attendance:

Lynn DeLacy, NVMHI Jim Thur, Fairfax-Falls Church CSB Bob Lassiter, Loudoun County CSB Tom Geib, Prince William CSB George Barker, Health Systems Agency of No. VA Margaret Graham, NVTC John Morrow, Fairfax-Falls Church CSB Kitty Harold, Virginia Hospital Center Lucia Reynolds, NVCH Amanda Goza, NVMHI Leslie Weisman, Arlington CSB Shane Fagan, Potomac Hospital Patricia J. Mook, Loudoun Hospital Center Carol Gavin, Loudoun Hospital Center Roger Birabin, Loudoun CSB Dave Carlini, Prince William Hospital R. M. Del Rio, NVMHI

Introductions and Welcome

Introductions were made and the new members were welcomed. Jim Thur informed the group that the representatives from Inova were not able to attend because of a corporate meeting but had sent some input to some of the agenda items.

The notes from the April 23rd meeting were reviewed and no changes were recommended.

Updates

Jim Thur gave a brief review of the Northern Virginia Regional Planning Project for the new members, including a brief description of the various work groups. He informed the group that an interim report would be submitted to the State in August.

Lynn DeLacy reported on the DMHMRSAS Forum that was held to review the reinvestment and restructuring planning efforts across the state. She reported that the level of participation and collaboration among the providers and all of the stakeholders in Northern Virginia appeared to be far above that described in the other regions.

Review of Issues Handout

Jim Thur distributed a list of issues that had been identified to help guide the work of the various workgroups and there was much discussion on several of the items.

Bed Capacity

John Morrow handed out a table with the results of the survey that had been sent out to the hospital representatives requesting information on bed capacity. There were some modifications to the data in the table and recommendations for additions to the table to include public beds. George Barker reported that he and the MH Work Group Consultant, Joan Durman, would be meeting to collect a variety of data on private bed hospital utilization and characteristics of the individuals using those beds. This data should be available at the next meeting for review.

Forum and Focus Group Summary

John Morrow handed out and reviewed a summary of the input from the fourteen community forums and consumer focus groups held throughout the region in March and early April.

Update on Use of Level of Treatment Matrix

Amanda Goza reported on the status of the use of the matrix by the private hospitals and several hospital representatives submitted data from their recent use of the instrument. A full report should be available at the next meeting. All of the representatives seemed to think that the matrix was a useful tool.

Authorized Representative Issues

Lynn DeLacy reviewed the issues that had been raised earlier in this group regarding the procedure for requesting an authorized representatives in situations in which an individual who has been hospitalized refused recommended medications and concerns about ethical issues and liability expressed on behalf of the psychiatrists at the private hospitals. The group decided to refer discussion of this issue to a group of psychiatrists that will be comprised of Dr. Hand, Medical Director of F-FC CSB, Dr. Del Rio, Medical Director at NVMHI, and representatives of the psychiatrists from the private hospitals.

Ms. DeLacy also distributed resource materials that the group may find helpful for training staff to deal with aggressive patients.

Review of Report Outline and Workplan

John Morrow distributed a copy of the Draft Report Outline and summarized the work plan that will result in an interim report being submitted to the State in August. The representatives from the private hospitals were encouraged to make recommendations for inclusion in the report, especially in the areas of policy issues and needed changes in State Code.

List of Representative Hospitals

The group agreed to use the hospitals listed in the bed capacity table as those that will be identified as participating in the Private Hospital Work Group on the Regional Partnership web site.

Agenda for Next Meeting

Jim Thur encouraged the group to make suggestions for agenda items for the next meeting. He emphasized that a major focus of this group's work was to identify ways that the public sector may be able to help the private hospitals in their work within the mental health system continuum of care, and asked for both quick hits that can be addressed immediately as well as long term recommendations.

Tom Geib indicated an interest in hearing from the private hospital representatives their reaction to the existing format and whether they had recommendations for changing the nature of the dialogue and collaborative work that was being done.

Carol Gavin indicated that Loudoun Hospital Center would be a valuable regional resource for geropsychiatric care but that lack of collaborative relationships with all of the CSB's in the region was often a barrier to this. This generated a discussion of a number of issues which resulted in a commitment to work toward improved communication and collaboration across the public—private sector continuum, including the suggestion that a structure for quarterly ongoing meetings may be useful to develop and maintain this level of communication and collaboration.

The meeting ended with a discussion of the difficulty of projecting psychiatric bed need for the region for the next five to ten years, although an accurate projection will be needed for successful planning of inpatient and community services.

Next Meeting: June 11, 10:00 – 12:00 Fairfax County Government Center, Rm 10